

Curriculum Vitae



Personal Data

First name: Mahnaz
Family name: Rakhshan
Place of Birth: Shiraz
Nationality: Iranian
Marital status: Single

Work Address

Nursing Department, School of Nursing and Midwifery
Nemazee Square, Zand Blvd.,
Shiraz, Iran
Postcode: 71936-13119
P.O. Box: 71345-1359
Tel: 0098 7136474254
Fax: 0098 7136474252
E-mail:
mzrakhshan@gmail.com,
mzrakhshan@ymail.com,
rakhshanm@sums.ac.ir,

I. Education

- 1998-2002, BSc of Nursing; Shiraz University of Medical science. Shiraz. Iran.
- 2004-2006, MSc of Nursing; Shiraz University of Medical science. Shiraz. Iran.
- 2007- 2012, PhD of Nursing, school of Nursing & Midwifery, Shaheed Beheshti University of Medical Science Tehran, Iran.

II. Professional experience

- 2023–Up to now
- Full Professor at Shiraz University of Medical sciences.
- 2012- Up to 2022
- Faculty member and Director of Medical-Surgical and Critical care departments. School of Nursing & Midwifery, Shiraz University of Medical Science. Shiraz, Iran.
- 2005 – 2012
- Nursing lecturer and clinical instructor. School of Nursing & Midwifery, Shiraz University of Medical Science. Shiraz, Iran.
- -2001- 2005
- Lecturer and clinical instructor. Islamic Azad University.
- 2015- Up to now.
- Vice- Director and Instructor of Basic course of intensive care for nurses.
- 2018- Up to now
- Editorial Board of IJCBNM
- 2020- Up to now
- Editorial board of Avicenna Journal of Nursing and Midwifery Care
- 2012-2014
- Sigma Theta Tau- Iota Nu Member- University of Texas. USA.

II A. Skills:

- Critical Thinking: The ability to analyze situations, make informed decisions, and respond effectively to complex medical conditions.
- Empathy and Compassion: Demonstrating empathy and compassion to provide emotional support to patients and their families during challenging times.
- Problem-Solving: Being resourceful and proactive in resolving medical and patient care issues.
- Time Management: Efficiently managing time and prioritizing tasks to deliver quality patient care.

- Cultural Sensitivity: Understanding and respecting the diverse cultural backgrounds of patients and providing culturally competent care.
- Adaptability: Being flexible and able to handle unexpected situations in a fast-paced healthcare environment.
- Research and Scholarship:
 - Conducting impactful research in the field of nursing.
 - Contributing to scholarly publications and journals.
 - Demonstrating a commitment to advancing nursing knowledge.
- Teaching and Mentorship:
 - Designing and delivering comprehensive lectures.
 - Mentoring and guiding students in academic and professional development.
 - Creating engaging and effective educational experiences.
- Clinical Expertise:
 - Specialization in Electrophysiology (EPS) and Pacemaker clinics.
 - Managing medical surgical and critical care departments.
 - Implementing specialized clinical interventions.
- Leadership and Management:
 - Serving as a director of medical surgical and critical care departments.
 - Active involvement in the Nursing Council and nursing board.
 - Membership in the management board of the Nursing Organization.
- Editorial Contributions:
 - Serving on the editorial board of the International Journal of Contemporary Biology and Medical Sciences (IJCBNM).
 - Contributing to the scholarly discourse in the nursing field.
- Professional Development:
 - Holding the position of Vice Director of BASIC for nurses.
 - Contributing to the development and training of nursing professionals.
- Communication and Collaboration:
 - Effectively communicating research findings and educational materials.
 - Collaborating with colleagues and professionals in interdisciplinary settings.

III. Teaching experiences

- | | | | | |
|---|-----------------|--|------------|---------------------|
| • | Years | Course | University | Students |
| • | 2012-Up to Now | Comprehensive Nursing in Critical Care | SUMS*BS | students in Nursing |
| • | 2017- Up to Now | Home Nursing Care | SUMS*BS | students in Nursing |
| • | 2013- Up to Now | Higher Education Administration | SUMS*PhD | students in Nursing |

- 2013- Up to Now Nursing Philosophy and Theories SUMS*PhD students in Nursing
- 2013- Comparing Nursing Education Systems in Iran and the World SUMS*PhD students in Nursing
- 2013- Up to Now Qualitative Research Methods SUMS*PhD students in Nursing
- 2013- Up to Now Philosophy of Nursing Science SUMS*PhD students in Nursing
- 2013- Up to Now Methodology and Critique of Mixed Research Methods and Tools in Nursing SUMS*PhD students in Nursing
- 2013- Up to Now Intensive Cardio-Vascular Care SUMS*MS students in Nursing
- 2017- Up to Now Leadership and Management SUMS*PhD students in Nursing
- 2013-2016 Clinical Measuring and Instrumentation SUMS*PhD students in Nursing
- 2013- Up to Now Clinical Pharmacology SUMS*MS students in Nursing
- 2013- Up to Now Nursing of Medical-Surgical Chronic Disorders SUMS*MS students in Nursing
- 2012-2017 Nursing of Medical-Surgical Acute Disorders SUMS*MS students in Nursing
- 2012-2016 Nursing of Medical-Surgical Diseases 2 SUMS*MS students in Nursing
- 2013-2016 Nursing of Medical-Surgical Diseases 3 SUMS*MS students in Nursing
- 2013-2016 Nursing of Cardiac Intensive Care 2 SUMS*MS students in

Nursing

- 2013- Up to Now Nursing Theories, Models and Their Application SUMS*MS students in Nursing
- 2013-2016 Cardiovascular Diseases in Pregnancy SUMS*MS students in Midwifery
- 2017- Up to Now Qualitative Research Studies Methodology SUMS*MS students in Nursing
- 2013- Up to Now Clinical Practicum in intensive care SUMS*BS students in Nursing
- 2013-2016 Teaching Practice SUMS*MS students in Nursing
- 2013-2016 Nursing of Medical-Surgical Diseases 1 SUMS*MS students in Nursing
- 2013-2016 Nursing of Medical-Surgical Diseases 2 SUMS*MS students in Nursing
- *Shiraz University of Medical Sciences

IV. Honors and Awards

- 2021. Outstanding researcher. Shiraz University of Medical Science. Shiraz, Iran.
- 2017. Outstanding researcher. School of Nursing & Midwifery, Shiraz University of Medical Science. Shiraz, Iran.
- 2012. Outstanding referee of research project. School of Nursing & Midwifery, Shiraz University of Medical Science. Shiraz, Iran.
- 2004- Distinct student and outstanding student researcher. School of Nursing & Midwifery, Shiraz University of Medical Science. Shiraz, Iran.
- 2002- Exceptional talented students. Shiraz University of Medical Science. Shiraz, Iran.

V. Membership

- 2015- Up to now.
- Vice- Director and Instructor of Basic course of intensive care for nurses.
- 2018- Up to now
- Editorial Board of IJCBNM
- 2020- Up to now
- Editorial board of Avicenna Journal of Nursing and Midwifery Care
- 2012-2014
- Sigma Theta Tau- Iota Nu Member- University of Texas. USA.

VI. Publications:

A. Dissertations

عنوان دوره تحصیلی						عنوان پایان نامه
Ph.D	MPH	دکتری فوق تخصصی	دکترای تخصصی	دکترای عمومی	کارشناسی ارشد	
					کارشناسی ارشد	بررسی تأثیر الگوی توانمند سازی خانواده محور بر سبک زندگی و درک از بیماری در بیماران نارسایی احتقانی قلبی
					کارشناسی ارشد	بررسی مقایسه ای تأثیر آلوه ورا و پرده آمیوتیک بر ترمیم زخم سزارین بیماران مراجعه کننده به بیمارستان حضرت امیرالمومنین گراش 1392
Ph.D						تجربه بیماران از زندگی با دستگاه دفیبریلاتور کاشتنی قلب
Ph.D						تبیین تجربه مراقبین نوزادان بستری در بخش مراقبت ویژه نوزادان از مراقبت خانواده محور
					کارشناسی ارشد	بررسی تأثیر تدوین و استقرار دستورالعمل مدیریت آلام دستگاههای بخش مراقبتهای ویژه بر خستگی از آلام پرستاران شاغل در بخش مراقبتهای ویژه عمومی بیمارستان نمازی شیراز در سال 1393

				کارشناسی ارشد	بررسی تاثیر مداخلات آموزشی برنامه ریزی شده و صلاحیت بالینی پرستاران بر بروز عوارض پس از جراحی قلب باز در بیماران مراجعه کننده به بیمارستان قلب حضرت فاطمه (س) شیراز 1393
				کارشناسی ارشد	بررسی تاثیر برنامه باز توانی قلبی بر سازگاری، تصور بدنی و عوارض (جسمی-عملکردی) بیماران دارای انواع دستگاه مدیریت ریتم مراجعه کننده به کلینیک ضربان ساز بیمارستانهای وابسته به دانشگاه علوم پزشکی شیراز 1393
				کارشناسی ارشد	تاثیر مداخلات چند عاملی بر میزان بروز، شدت و طول مدت دلیریوم بیماران بستری بعد از عمل جراحی قلب باز مراجعه کننده به بیمارستان قلب کوثر شیراز 1393
				کارشناسی ارشد	بررسی تاثیر مداخلات خودمراقبتی بر سبک زندگی و عوارض فیبریلاسیون دهلیزی در بیماران مراجعه کننده به بیمارستان حضرت ولیعصر (عج) فسا 1393
				کارشناسی ارشد	بررسی تاثیر مدل مراقبت مشارکتی بر امیدواری و شادکامی بیماران مبتلا به مولتیپل اسکلروزیس و مراقبین آنها در انجمن ام اس شهر اهواز در سال 1393
PhD					تبیین فرایند مدیریت دارو توسط پرستاران در بخش های کودکان
PhD					تبیین وضعیت و عوامل مرتبط با تاب آوری سالمندان مبتلا به بیماریهای مزمن؛ طراحی و آزمون مدل کاربردی و ارائه راهنماهای افزایش تاب آوری
				کارشناسی ارشد	تاثیر مداخلات آموزشی-روانی بر علائم جسمی و علائم روانی (اضطراب و افسردگی) بیماران مبتلا به بیماری التهابی روده مراجعه کننده به درمانگاههای وابسته به دانشگاه علوم پزشکی شیراز-1394
				کارشناسی ارشد	بررسی نگرش کودکان به سالمندان بر اساس سه عامل پیش بینی کننده: آگاهی، همدلی و تصور ذهنی از سالمندی در دانش

					آموزان مقطع ابتدایی شیراز 1395
--	--	--	--	--	-----------------------------------

عنوان دوره تحصیلی						عنوان پایان نامه
Ph.D	MPH	دکتری فوق تخصصی	دکترای تخصصی	دکترای عمومی	کارشناسی ارشد	
					☒	بررسی ارتباط سلامت معنوی و تاب‌آوری با مراقبت شفقت‌آمیز در پرستاران بخش‌های مراقبت‌ویژه بیمارستان‌های منتخب آموزشی وابسته به دانشگاه علوم پزشکی شیراز؛
					☒	بررسی تاثیر مداخلات آموزشی مبتنی بر رفتارهای مراقبتی (به دو شیوه سخنرانی و ارسال پیامک) بر عملکرد پرستاران در زمینه ایمنی بیمار و پیروی از کدهای اخلاقی در بیمارستان‌های منتخب آموزشی وابسته به دانشگاه علوم پزشکی شیراز،
☒						تبیین اثربخشی مداخلات مبتنی بر الگوی اطلاعات، انگیزش و مهارت‌های رفتاری بر پایداری به درمان و خودکارآمدی در بیماران مبتلا به اختلالات عروق کرونر قلب: یک مطالعه ترکیبی
					☒	بررسی تاثیر بازتوانی دیابتی بر شادکامی و تاب‌آوری در بیماران دیابتی نوع 2 و مراقبین خانودگی آنها
					☒	بررسی تاثیر بازتوانی قلب از طریق آموزش چند رسانه‌ای بر خودکارآمدی و درک از بیماری و بیومارکرهای قلبی در بیماران تحت مداخلات کرونری از راه پوست مراجعه کننده به به بخش باز توانی قلب بیمارستان قلب الزهرا شیراز وابسته به دانشگاه علوم پزشکی شیراز در سال 98
					☒	تاثیر آموزش از طریق گروه همتا بر خود مراقبتی، کیفیت زندگی و تبعیت از درمان در سالمندان مبتلا به بیماری عروق کرونر در بیمارستان قلب الزهرا دانشگاه علوم پزشکی شیراز در سال 1398
					☒	تاثیر مدل مراقبتی پیگیر مبتنی بر نرم‌افزار تلفن همراه بر خود کارآمدی، تبعیت از درمان و سازگاری در بیماران مبتلا به مولتیپل اسکلروزیس مراجعه‌کننده به کلینیک امام رضا (ع) وابسته به دانشگاه علوم پزشکی شیراز سال 1398
☒						توسعه و آزمون مدل تاب‌آوری در بیماری در نوجوانان مبتلا به هموفیلی
☒						طراحی و روان سنجی ابزار سنجش رفتار اخلاقی پرسنل اتاق عمل: مطالعه ترکیبی

					✓	بررسی تاثیر آموزش به روش برگشتی بر کیفیت زندگی و کنترل آسم بیمار و فشار مراقبتی خانواده بیماران مبتلا به آسم مراجعه کننده به درمانگاه های وابسته به دانشگاه علوم پزشکی شیراز؛ 1398
✓						تجربه زیسته پرستاران از حقوق حرفه ای
✓						طراحی، پیاده سازی و ارزیابی سامانه هوشمند آموزشی فرایند پرستاری در بخش های مراقبت ویژه
✓						طراحی و اعتباریابی الگوی بومی آمادگی اورژانس بیمارستان ها در حوادث پرتویی در ایران
✓						طراحی و تحلیل روان سنجی ابزار سنجش مراقبت شفقت آمیز پرستاران
✓						طراحی و روان سنجی پرسشنامه سنجش قابلیت حرفه ای پرستاران تریاژ در اورژانس بیمارستانی
					✓	بررسی قابلیت بالینی پرستاران اتاق عمل و جراحان در زمینه ای اصول محافظت پرتویی در اتاق عمل های تحت اشعه بیمارستان های دولتی و خصوصی شهر شیراز 1398
					✓	تأثیر استنشاق اسانس لیمو بر اضطراب، فشارخون و تغییرات نوار قلب بیماران مبتلا به سکنه قلبی در مراکز آموزشی درمانی دانشگاه علوم پزشکی شیراز
					✓	بررسی عوامل پیشگویی کننده ای افسردگی و ناتوانی در بیماران مبتلا به سردرد، شیراز، سال 1396
					✓	بررسی ارتباط بین درک از بیماری و رفتار های خود مراقبتی بیماران همودیالیزی مراجعه کننده به بیمارستان های وابسته به دانشگاه علوم پزشکی شیراز 1396
					✓	بررسی تاثیر آموزش تنظیم هیجان بر وضعیت هیجانی و شناختی نوجوانان دختر اقدام کننده به خودکشی مراجعه کننده به بیمارستان ابن سینا در سال 1396-1397
✓						طراحی و روان سنجی ابزار صلاحیت والدی در والدین کودکان اوتیسم
				✓		بررسی تأثیر باز توانی قلبی فاز ۲ بر رضایت جنسی و امیدواری در بیماران قلبی بعد از عمل پیوند عروق کرونر قلب مراجعه کننده به بخش باز توانی بیمارستان قلب الزهرا (س) شیراز در سال ۱۳۹۶
					✓	بررسی شیوع دردهای مزمن در پرستاران شاغل در بیمارستان های وابسته به دانشگاه علوم پزشکی بندرعباس 1396
					✓	مقایسه تاثیر بکارگیری دو روش پورتفولیو الکترونیکی و تالار گفتگو آنلاین بر تعلق حرفه ای و رفتار های اخلاقی دانشجویان پرستاری دانشگاه علوم پزشکی شیراز 1396-1397
✓						تجربه زیسته بیماران مبتلا به روماتیسم مفصلی

					☒	بررسی تاثیر بازتوانی دیابتی بر شادکامی و تاب آوری بیماران دیابتی نوع 2 و مراقبین خانوادگی آن ها، در کلینیک های دیابت وابسته به دانشگاه علوم پزشکی شیراز، در سال 1399-1398
					☒	بررسی ارتباط کیفیت زندگی حرفه ای با مراقبت شفقت آمیز پرستاران شاغل در بیمارستان های دانشگاه علوم پزشکی شیراز در سال 1401
					☒	بررسی تاثیر استنشاق اسانس لیمو ترش بر سطح هوشیاری بیماران بزرگسال مبتلا به کاهش سطح هوشیاری خفیف تا متوسط بستری در بخش های ویژه بیمارستان های وابسته به دانشگاه علوم پزشکی شیراز / 1401-1402
					☒	تاثیر برنامه آموزشی مبتنی بر درک از بیماری، هدایت شده از راه دور توسط پرستار بر خودکارآمدی مدیریت بیماری در بیماران مبتلا به نارسایی قلبی مراجعه کننده به درمانگاه تخصصی و فوق تخصصی امام رضا(ع) وابسته به دانشگاه علوم پزشکی شیراز، 1402-
					☒	1403 بررسی نقش پیش گویی کنندگی تعلق حرفه ای و تاب آوری بر مراقبت شفقت آمیز در پرستاران بیمارستان های منتخب وابسته به دانشگاه علوم پزشکی شیراز 1403-1404
					☐	بررسی تاثیر توانمندسازی خانواده محور از طریق تله نرسینگ بر خستگی و رضایت جنسی بیماران مبتلا به نارسایی قلبی و همسران آنها، مراجعه کننده به کلینیک های وابسته به دانشگاه علوم پزشکی شیراز / 1403-1404: یک مطالعه کارآزمایی بالینی شاهددار تصادفی شده
					☐	بررسی ارتباط شهود با پریشانی اخلاقی و تصمیم گیری بالینی در پرستاران شاغل در بخش های مراقبت های ویژه بیمارستان های وابسته به دانشگاه علوم پزشکی شیراز 1403-1404
					☐	اثیر برنامه بازتوانی قلبی هدایت شده از راه دور بر خستگی و ترس از حرکت بیماران تحت عمل جراحی بای پس عروق کرونر بیمارستان های منتخب وابسته به دانشگاه علوم پزشکی شیراز سال 1403-1404
					☐	طراحی و ارزشیابی مدل بومی آمادگی بیمارستان ها در تروریسم هسته ای
					☒	طراحی، اجرا و ارزشیابی برنامه ارتقاء حساسیت اخلاقی در دانشجویان پرستاری: یک مطالعه ترکیبی
						بررسی نقش پیشگویی کنندگی خستگی از آلارم و کیفیت زندگی حرفه ای بر مراقبت ناتمام در پرستاران شاغل در بخش های مراقبت ویژه بیمارستان های منتخب وابسته به دانشگاه علوم پزشکی شیراز 1404-1405

						ررسی تاثیر آموزش و توانمندسازی از طریق شبکه های اجتماعی بر رفتارهای خودمراقبتی و خودکارآمدی مدیریت بیماری در بیماران تحت جراحی پیوند بای پس قلبی (CABG) بستری در بیمارستان های منتخب دانشگاه علوم پزشکی شیراز در سال 1403-1404
☒						طراحی و ارزشیابی مدل بیمارستان در منزل بیماران مبتلا به سرطان

B. Articles

Year	Vol.No. Page	Journal Title	Title	Authors
2026	26 (1), 529	Effect of the active cycle breathing technique on pain, anxiety and arterial blood oxygen saturation in patients undergoing coronary artery bypass grafting	BMC Anesthesiology	M Solati Kooshkqazi, M Rakhshan, H Roosta, F Shirazi
2026	21 (1), 19	An investigation of theoretical model of the relationship between discussion with families and the attitude toward organ donation in Iran: the mediating role of Spiritual Well	Philosophy, Ethics, and Humanities in Medicine	H Sharif-Nia, N Mousazadeh, M Rakhshan, R Nazari, M Dehghani
2026	26 (1), 321	Development and evaluation of an individual innovation model for nursing students: a mixed-method study	BMC Medical Education	N Heydari, M Rakhshan, C Torabizadeh, G Salimi
2026	10029	Impact of a multifaceted diabetic rehabilitation program on happiness levels in patients with type 2 diabetes and their caregivers: A randomized clinical trial 1	Endocrine and Metabolic Science,	S Sheikhhasani, M Rakhshan, Z Molazem, M Jeddi
2026	31 (1), 106	The Experiences of Patients, Patient Companions, and care Providers with Ethical and Unethical Behaviors Toward Patients: A Qualitative Study Iranian Journal of Nursing and	Midwifery Research	FG Dehkordi, C Torabizadeh, M Rakhshan, F Vizehsfar
2026	31 (1), 115	Enhancing Nurse Performance in Iranian Hospitals: Expert and Stakeholder Insights on Key Influencing Factors	Midwifery Research	V Rostami, N Hatam, MA Bahrami, M Rakhshan, A Shokri Iranian Journal of Nursing and
2026	1084	Development and Evaluation of an Adaptive Web-Based Learning System: an Application in Nursing Professional Training	EDULEARN26 Proceedings,	E Mousavinasab, T Minerva, SRN Kalhori, N Zarifsanaiey, M Rakhshan, ...
2026		Efiect of the active cycle breathing technique on pain, anxiety and arterial blood oxygen saturation in patients undergoing coronary artery	BMC anesthesiology	MS Kooshkqazi, M Rakhshan, H Roosta, F Shirazi

		bypass grafting		
2025	38 (4), e-22	Operating room nurses' adherence to pneumatic tourniquet safety standards: A cross-sectional study	Journal of Perioperative Nursing	H Fanoudi, C Torabizadeh, M Rakhshan, GH Shahcheraghi
2025	38 (4), e-30	Pneumatic tourniquet work safety scale: A confirmatory factor analysis	Journal of Perioperative Nursing	H Fanoudi, C Torabizadeh, M Rakhshan, GH Shahcheraghi
2025	6 (4), 185-202	A Systematic Review and Nursing Organizations Guidelines on Professional Competence Standards for Nurses	Journal of Clinical Care and Skills	L Zarshenas, Z Mehri, M Rakhshan, Z Khademian, M Mehrabi, Z Jamshidi
2025	,(4) 6 1008-1001	Professional Competence Standards for Nurses: A Systematic Review of Literature and Nursing Organizations Guidelines	Journal of Clinical Care and Skills	L Zarshenas, Z Mehri, M Rakhshan, Z Khademian, M Mehrabi, Z Jamshidi
2025	6 ,18	Compassionate care and moral distress in nursing: the mediating role of organizational citizenship behavior	Journal of Medical Ethics and History of Medicine	S Mohammadi, M Rakhshan, M Roshanzadeh, P Ghaemmagham
2025	,(5) 8 e70804	Transforming Nursing Practices: A Comprehensive Review of Performance Improvement Strategies	Health Science Reports	V Rostami, N Hatam, MA Bahrami, M Rakhshan, A Shokri
2025	9-1 ,(1) 23	The Effect of Implementing an Educational Program on Adherence to Treatment and Self-Compassion of Patients with Multiple Sclerosis	Archives of Anesthesia and Critical Care	H Dahmardeh, M Rakhshan, F Saeedinezhad, R Dokoohaki
2025		Stakeholders' perspectives on the necessary requirements of implementing the Hospital-at-Home program: a qualitative study	BMC Health Services Research	Fatemeh Kheiry , Mahnaz Rakhshan2*, Ali Mohammad Mosadeghrad3
2025	17 ,(1) 14	Novice nurses' professional competence: A qualitative content analysis	Journal of Education and Health Promotion	Z Mehri, L Zarshenas, M Rakhshan, Z Khademian, M Mehrabi, Z Jamshid
2024		The Effectiveness of an Intervention Based on the Information, Motivation, and Behavioral Skills Model on Treatment Adherence and Self-Efficacy in Patients with Coronary Artery...	Journal of Iranian Medical Council	Z Khademian, N Zahmatkeshan, M Rakhshan, L Zarshenas
2024	377 ,(1) 13	The relationship between spiritual health and resilience of nurses with their compassionate care in intensive care units	Journal of Education and Health Promotion	M Rakhshan, S Derakhshan, MN Kalyani
2024	433 ,(1) 19	Development and psychometric evaluation of a pneumatic tourniquet work standards scale	Journal of Orthopaedic Surgery and Research	H Fanoudi, C Torabizadeh, M Rakhshan, GH Shahcheraghi
2024	211 ,(1) 13	Predictive influence of disease knowledge and hope on self-care	Journal of Education and Health Promotion	Z Mehri, F Kheiry, M Rakhshan

		behavior among adults with heart failure		
2024	,(5) 7 e2008	Barriers to ethical treatment of patients in clinical environments: A systematic narrative review	Health Science Reports	FG Dehkordi, C Torabizadeh, M Rakhshan, F Vizeshfah
2024	153 ,(1) 13	Bridging the gaps in patient education through aesthetic-based education: A concept analysis study... ,	Journal of Education and Health Promotion	E Khooshab, P Khorasani, M Rakhshan, A Yazdannik
2024	-34 ,(1) 13 41	Para medicine students' experiences of virtual education: a qualitative study	Journal of Qualitative Research in Health Sciences	M Rakhshan, N Mousazadeh, F Hajihosseini, S Bagherian, N Moradi, ...
2024	-35 ,(6) 12 47	Exploration of Nursing Student's Lived Experiences of Encounter with Theory and Practice Gap	Journal of Nursing Education	MK Mahnaz Rakhshan
2024	370 ,(1) 12	Entering aesthetic concept into the field of patient education: A protocol for an interdisciplinary study to develop a conceptual model	Journal of Education and Health Promotion	E Khooshab, M Rakhshan, P Khorasani
2023	663 ,(1) 23	Psychometric properties of Persian version of individual innovativeness scale among nursing students: a cross-sectional study	BMC Medical Education	N Heydari, M Rakhshan, C Torabizadeh, G Salimi
2023	776 ,(1) 23	Exploring senior managers' experiences preparedness to respond to COVID-19: a qualitative study in Iran	BMC Health Services Research	H Najafi, Z Kavosi, M Rakhshan, J Karimi, MA Marzale, M Bijani, ...
2023	501 ,(1) 23	An educational program of reducing moral distress (PRMD) in nurses; designing and evaluating	BMC Medical Education	N Tavakol, Z Molazem, M Rakhshan, O Asemani
2023	9-1 ,(1) 23	The effect of distance nurse-led fatigue management on fatigue, sleep quality, and self-efficacy in patients with multiple sclerosis: a quasi-experimental study	BMC neurology	M Qomi, M Rakhshan, M Ebrahimi Monfared, Z Khademian
2023	711 ,(1) 23	Impact of Watson's human caring-based health promotion program on caregivers of individuals with schizophrenia	BMC health services research	S Bagheri, L Zarshenas, M Rakhshan, F Sharif, EM Sarani, ZH Shirazi, ...
2023	163 ,(1) 22	Research article Individual innovation from the perspective of nursing students: A qualitative study	BMC nursing	N Heydari, M Rakhshan, C Torabizadeh, G Salimi
2023	308 ,(1) 23	From disobedience to struggle for adaptation: nursing students' experiences of attending the clinical learning environment during Covid-19 pandemic Z Jokar, C Torabizadeh, M Rakhshan, M Najafi Kalyani	BMC psychiatry	Z Jokar, C Torabizadeh, M Rakhshan, M Najafi Kalyani

2023	97 ,(1) 22	Assessing the psychometric properties of persian version of Zarit Burden interview among family caregivers of patients with multiple sclerosis	BMC nursing	H Haghshenas, Z Jokar, L Zarshenas, M Rakhshan, M Poursadeghfard
2023	-165 ,(2) 170	The efficacy of nasal tip hold-press on venous cannulation pain in children: a prospective randomized controlled study	Minerva Pediatr	Mahnaz Rakhshan, Behzad Maghsoudi, Mehrdad Jookar, Hosein Haddad, Zahra Zoonobi
2023	100 3 61	, Challenges of Mental Health in Medical Staffs during COVID-19 Outbreak: A Systematic Review	Medicina Clínica Práctica	M Rakhshan, H Hakimi, N Mousazadeh, S Dorri
2022	9-1 ,(1) 21	Causes of futile care from the perspective of intensive care unit nurses (ICU): qualitative content analysis	BMC nursing	M Rakhshan, S Joolae, N Mousazadeh, H Hakimi, S Bagherian
2022	8-1 ,(1) 22	The effects of continuous care model using a smartphone application on adherence to treatment and self-efficacy among patients with multiple sclerosis	BMC Medical Informatics and Decision Making	SM Kazemi, M Rakhshan, M Rivaz, S Izadi
2022		International Nursing Review	Application of Orem's theory-based caring programs among chronically ill adults: A systematic review and dose-response meta-analysis	M Nasiri, Z Jafari, M Rakhshan, F Yarahmadi, S Zonoori, F Akbari, ...
2022	,(4) 27 1154-1141	Clinical Child Psychology and Psychiatry	The mediating role of Courageous coping in the relations between spirituality and social support with resilience among adolescents with hemophilia AM Parviniannasab, M	Rakhshan, M Momennasab, M Soltanian, ...
2022	(3) 16	Iranian Journal of Psychiatry and Behavioral Sciences	Moral Distress in Iranian Psychiatric Nurses: A Content Analysis	N Tavakol, Z Molazem, M Rakhshan, O Asemani
2022	618 ,(1) 22	BMC Medical Education	Comparison of the effectiveness of the electronic portfolio and online discussion forum methods in teaching professional belonging and ethical behaviors to nursing students	R Baghbani, M Rakhshan, N Zarifsanaiey, R Nemati, S Daneshi
2022		BMC Cardiology	Effect of Cardiac Tele-Rehabilitation on the Degree of Sexual Satisfaction in Patients with a Cardiac Rhythm Management Device and their Spouses: a randomized clinical trial	M Rakhshan, F Sabet-Ghadam, R Janghorban, MV Jorat
2022	37 (2), 202-208	Acute and Critical Care	The effect of time management education on critical care nurses' prioritization: a randomized clinical trial	F Vizeshfard, M Rakhshan, F Shirazi, R Dokooohaki
2022	40(1)	Investigación y Educación en Enfermería	The effect of Teach-back method education on the control of asthma and family care pressure of patients in Iran	M Imanipour, Z Molazem, M Rakhshan, MJ Fallahi, AM Atashin Sadaf

2022	8-1 ,(1) 20	Clinical Medicine & Research	Body Image and Adjustment among Patients with Heart Rhythm Management Devices following Cardiac Rehabilitation Program: A Randomized, Controlled Clinical Trial	M Rakhshan, Z Khoshnood, L Ansari, A Aslani
2022	,(2) 35E1-E13	ACORN	Development and psychometric evaluation of a questionnaire for measuring distraction due to mobile phone use in operating rooms	M Hasanshahi, M Rakhshan, A Fereidouni, SA Moayedi
2022	17(2) 23-35	BMC Medical Informatics and Decision Making	The effects of continuous care model using a smartphone application on adherence to treatment and self-efficacy among patients with multiple sclerosis	MRSI Seyed Mojtaba Kazemi1 , Mahnaz Rakhshan
2021	16 (1), 1-8	Journal of Cardiothoracic Surgery	The effect of multi-component interventions on the incidence rate, severity, and duration of post open heart surgery delirium among hospitalized patients	B Tehranineshat, N Hosseinpour, A Mani, M Rakhshan
2021	17(2) 23-35	International Journal of Community Based Nursing & Midwifery	The Effect of Applying the Information-Motivation-Behavioral Skills Model on Treatment Adherence in Patients with Cardiovascular Disease: A Quasi-Experimental Study	N Zahmatkeshan, M Rakhshan, L Zarshenas, J Kojuri, Z Khademian
2021	29 (1), 142-163	Interactive Learning Environments	Intelligent tutoring systems: a systematic review of characteristics, applications, and evaluation methods	M Mousavinasab, SH Niyakan, M Rakhshan,....
2020	,(2) 25 358-346	Psychology and Psychiatry	Haemophilic adolescents' perspectives of resilience: A qualitative study based on the resilience in illness model Clinical Child	Parviniannasab, M Rakhshan*, M Momennasab, M Soltanian, ...
2020	17(3)	Electronic Journal of General Medicine	Perspective and Experience of Operating Room Personnel on Ethical Behaviors	FS Soheila Bakhtiari, Mahnaz Rakhshan* , Mohsen Shahriari
2020	) 49(3 -437 446	Iranian Journal of Public Health	Effective Factors in Improving the Emergency Department Preparedness of Hospitals in Radiation and Nuclear Incidents and Nuclear Terrorism: A Systematic Review	Ma Marzaleh, R Rezaee, A Rezaianzadeh, M Rakhshan, M Peyrav
2020	101155	Complementary Therapies in Clinical Practice,	The effect of lemon inhalation aromatherapy on blood pressure, electrocardiogram changes, and anxiety in acute myocardial infarction patients: A clinical, multi-centered ...	M Rambod, M Rakhshan*, S Tohidinik, MH Nikoo
2020	(3)17	Journal of Nursing Measurement	Validation of the Iranian Version of the Hospital Ethical Climate Survey	M Rivaz, M Rakhshan, F Vizeshfah, E Setoodegan
2020	,(2) 15 158-150	Iranian Journal Of Psychiatry	The Relationship between Illness Perception and SelfCare Behaviors among Hemodialysis Patients	Mahnaz Rakhshan*, Fatemeh Mirshekari, Fereshte Dehghanrad

2020	(2)15	Risk Management and Healthcare Policy	Perspective and Experience of Hospital Operating Room Nurses with the Concept of Excellence: A Qualitative Study	Mahnaz Rakhshan Soheila Bakhtiari, Farkhondeh Sharif, Mohsen Shahriari
2020	(2)18	Journal of Pediatric Nursing	Development of Parental Competence Scale in Parents of Children with Autism	Fateme Mohammadi , Mahnaz Rakhshan* , Zahra Molazem , Najaf Zareh
2019	) 22((9	Archives of Iranian Medicine	Parents' Perspectives on Family Violence against Children with Autism	F Mohammadi, M Rakhshan*, Z Molazem, N Zareh, M Gillespie
2019	279 ,(4) 7	International journal of community based nursing and midwifery	The Effect of an Education Program Based on Illness Perception on the Lifestyle of Patients with Metabolic Syndrome: A Randomized Controlled Clinical Trial	M Rakhshan, M Rahimi, L Zarshenas
2019	,(6) 39E26	Journal of Cardiopulmonary Rehabilitation and Prevention	Effect of Cardiac Rehabilitation on Sexual Satisfaction Among Patients After Coronary Artery Bypass Graft Surgery	M Rakhshan, A Toufigh, A Dehghani, S Yaktatalab
2019	,(8-7) 26 2046-2035	Nursing ethics	Caregivers' perception of dignity in teenagers with autism spectrum disorder	F Mohammadi, M Rakhshan*, Z Molazem, N Zareh, M Gillespie
2019	(3) 37	Investigación y Educación en Enfermería	Parental competence in parents of children with autism spectrum disorder: A systematic review	F Mohammadi, M Rakhshan*, Z Molazem, M Gillespie
2019	(3) 37	Investigación y Educación en Enfermería	Experience Lived by Iranian Patients with Irritable Bowel Syndrome: Transitory Crisis and Liberation	Z Mohebbi, F Sharif, H Peyrovi, M Rakhshan, MA Naini, L Zarshenas
2019	11 (1)	International Journal of Pharmaceutical Research	Professional Capability in Nursing	Torabizadeh, M Rakhshan, Z Freidooni, N Beygi, M Bijani
2019	300 ,(3) 7	Bulletin of Emergency & Trauma	Developing a Model for Hospitals' Emergency Department Preparedness in Radiation and Nuclear Incidents and Nuclear Terrorism in Iran	MA Marzaleh, R Rezaee, A Rezaianzadeh, M Rakhshan, G Haddadi, ...
2019	21 (5) 1	Iranian Red Crescent Medical Journal	Emergency Department Preparedness of Hospitals for Radiation, Nuclear Accidents, and Nuclear Terrorism: A Qualitative Study in Iran	MA Marzaleh, R Rezaee, A Rezaianzadeh, M Rakhshan, G Hadadi, ...
2019	15 (2)	Electronic Journal of General Medicine	Chronic pain: a concept analysis.	K Rostami, SH Zadeh, M Rakhshan*
2019	5(21)	Iranian red Crescent Medical Journal	Emergency Department Preparedness of Hospitals for Radiation, Nuclear Accidents, and Nuclear Terrorism: A Qualitative Study in Iran	Ahmadi, R Rezaee, A Rezaianzadeh, M Rakhshan
2019		Journal of Research on the Lepidoptera	The view and experience of the operating room's personnel on safety: A qualitative study	F Bakhtiari, S., Rakhshan*, M., Shahriari, M., Sharif
2019		International Journal of Nursing Sciences	Nurses' lived experiences of professional autonomy	Elahe Setoodegan, Sakineh Gholamzadeh,

				Mahnaz Rakhshan, Hamid Peiravi
2019	(3)15	Journal of the National Medical Association	Compassionate Care in Healthcare Systems: A Systematic Review	Banafsheh Tehranineshat, Mahnaz Rakhshan*, Camellia Torabizadeh, Mohammad Fararouei
2019	17(3)	Journal of pediatric nursing	Development of parental competence scale in parents of children with autism	Fateme Mohammadi, Mahnaz Rakhshan*, Zahra Molazem, Najaf Zareh, Mark Gillespie
2019	26 (6), 1707-1720	Nursing Ethics	Nurses', patients', and family caregivers' perceptions of compassionate nursing care	Banafsheh Tehranineshat, Mahnaz Rakhshan*, Camellia Torabizadeh, Mohammad Fararouei
2019	17(3)	Revista Latinoamericana de Hipertension	The relationship between leadership style and time management in senior and middle nursing managers	M Rakhshan, K. Rostami, E. Setoodegan, J. Eslami
2019	14(1) 20-25	Revista Latinoamericana de Hipertension	The prevalence and associated factors of chronic pain in nurses Iran	Mahnaz Rakhshan, Fateme Kheiri, Maryam Shaygan
2019	8(1)	Journal of caring science	Lifestyle of patients with atrial fibrillation following self-management interventions	Mahnaz Rakhshan, Hojatollah Najafi, Gholam Abbas Valizadeh
2019	13 (3)	Journal of Clinical & Diagnostic Research	Evaluation of Chronic Pain and Pain Intensity: A Study among Nurses of Iran.	F Kheiry, M Rakhshan*, M Shaygan
2019	6(4)	Sadra Medical Sciences Journal	Parental Empowerment of the Parents of Children with Autism: A Qualitative Study	F Mohammadi, M Rakhshan*, Z Molazem, N Zareh
2018	096973301	Nursing ethics,	Caregivers' perception of dignity in teenagers with autism spectrum disorder	F Mohammadi, M Rakhshan*, Z Molazem, N Zareh, M Gillespie
2018	6 (3), 218	International journal of community based nursing and midwifery	The Effect of Collaborative Care Model-Based Intervention on Hope in Caregivers and Patients with Multiple Sclerosis: A Randomized Controlled Clinical Trial	M Rakhshan, S Ganjalivand, L Zarshenas, N Majdinasab
2018	9 (1), 13-23	Iranian Journal of Neonatology IJN	Lived experiences of the caregivers of infants about family-centered care in the neonatal intensive care unit: A phenomenological study	Z Hadian Shirazi, M Rakhshan, N Pishva, F Jahanpour

2018	7 (10), 129	Middle East Journal of Family Medicine	Evaluation of the prevalence of prolonged QT syndrome in children with first unprovoked seizure.	P Katibeh, S Inanloo, P Katibeh, M Rakhshan, HH Bakhodaei, MR Alam
2018	7 (10), 66	Middle East Journal of Family Medicine	Comparison of the Effects of Alfentanil and Remifentanil on QT Interval Following Local Epinephrine Infiltration in Septoplasty Under General Anesthesia	M Masjedi, G Sabetian, F Tubaei, M Rakhshan, HH Bakhodaei
2018	7 (10), 77	Middle East Journal of Family Medicine	The effect of Nitrous Oxide on post-operative gastric pain in Cataract Surgery under general anesthesia with laryngeal mask airway	K Samadi, SE Sadeghi, M Zahmatkesh, HH Bakhodaei, M Rakhshan
2018	7 (10), 300	Middle East Journal of Family Medicine	The effect of passive leg raising maneuver on right internal jugular vein dimension in ICU patients under mechanical ventilation	M Masjedi, MR Sasani, MR Alam, MR Hadavi, M Rakhshan*
2018		Interactive Learning Environments	Intelligent tutoring systems: a systematic review of characteristics, applications, and evaluation methods	M Mousavinasab, E., Zarifsanaiey, N., R. Niakan Kalhori, S., (...), Keikha, L., Ghazi Saeedi
2018	13 (6), 554-560	Revista Latinoamericana de Hipertension	Professional Capability in Triage Nurses in Emergency Department: A Qualitative Study	M Bijani, C Torabizadeh, M Rakhshan, M Fararouei
2018	7 (4), 189-195	Journal of Caring Science	The Effect of Family-Centered Empowerment Model on the Illness Perception in Heart Failure Patients: a Randomized Controlled Clinical Trial	khadijeh Rahimi kordshooli, Mahnaz Rakhshan*
2018	6 (3)	invest educ enferm	The relationship between knowledge management and creativity in bachelordegree compare to master degree nursing student	Tehrani banafshe, Rakhshan Mahnaz
2018	15930	Electronic Journal of General Medicine	Chronic pain: a concept analysis Electronic Journal of General Medicine	Mahnaz Rakhshan, Khatereh Rostami, Saeed Hamidi Zadeh
2018	17(3)	International Journal of Pharmaceutical Research	Professional responsibility: An ethical concept extracted from practices of Iranian nurses during drug administration	M Soltanian, M., Molazem, Z., Mohammadi, E., Sharif, F., Rakhshan
2018	7 (4), 168-173	Nursing and Midwifery Studies	Parental competence among parents with autistic children: A	F Mohammadi, M Rakhshan, Z Molazem, N Zareh

			qualitative study	
2018	29 (12), 2484-2489	Biomedical Research	Effect of self-management interventions on complications of atrial fibrillation: A clinical trial.	H Najafi, M Rakhshan
2018	096973	Nursing ethics,	Nurses', patients', and family caregivers' perceptions of compassionate nursing care	B Tehranineshat, M Rakhshan*, C Torabizadeh, M Fararouei
2018	5 (2)	Women's Health Bulletin	The Effect of Amniotic Membrane on the Healing of Cesarean Wounds: A Randomized Clinical Trial	Zahra Molazem, Fatemeh Mohseni, Mahnaz Rakhshan, Sareh Keshavarzi, Masoumeh Younesi
2017	9 (12), 5885	Electronic physician	Self-Perception of Iranian Patients during their life with Irritable Bowel Syndrome: A Qualitative Study	Zinat Mohebbi, Farkhondeh Sharif, Hamid Peyrovi, Mahnaz Rakhshan, Mahvash Alizade Naini, Ladan Zarshenas
2017	1305-1312	Journal of clinical monitoring and computing	A nurses' alarm fatigue questionnaire: development and psychometric properties	Camellia Torabizadeh, Amirhossein Yousefina, Farid Zand, Mahnaz Rakhshan*, Mohammad Fararouei
2017	11 (3)	International Cardiovascular Research Journal	Patients' Experiences of Living with Implantable Cardioverter Defibrillators.	N Pasyar, F Sharif, M Rakhshan, MH Nikoo, E Navab
2017	5 (2), 134	International journal of community based nursing and midwifery	Changes in Daily Life of Iranian Patients with implantable Cardioverter Defibrillator: A Qualitative Study	N Pasyar, F Sharif, M Rakhshan, MH Nikoo, E Navab
2017	(6) 8	PHARMACOPHORE	Self-management, the main experience of rheumatoid arthritis patients: a qualitative study	Fariba Ghodsbin1, Zahra Molazem2*, Mahnaz Rakhshan3, Alireza Nikbakhat Nasrabadi
2017	31 (3), E1-E6	Clinical Nurse Specialist	Complications of Heart Rhythm Management Devices After Cardiac Rehabilitation Program	M Rakhshan, L Ansari, Z Molazem, N Zare
2017	5 (1), 30	Online J Health Allied Scs	Dual perspective on experiences of Iranian patients with pacemaker: A mixed method study	Rakhshan M, Hassani P, Ashktorab T
2017	28 (11): 5025031-8	Biomedical Research	A comparative study on the effect of inhaled anesthetics on alkaline phosphatase and alanine aminotransferase serum level in nursing team and operating	Alireza Ghanbari1, Farid Zand2, Mehrdad Askarian3, Mahnaz Rakhshan4*

			room personnel.	
2017	12 (1), 15	Iranian journal of psychiatry	Investigation of Content and Face Validity and Reliability of Sociocultural Attitude towards Appearance Questionnaire-3 (SATAQ-3) among Female Adolescents	S Mousazadeh, M Rakhshan, F Mohammadi
2017	10, 59	Psychology research and behavior management	A phenomenological study on resilience of the elderly suffering from chronic disease: a qualitative study	P Hassani, FS Izadi-Avanji, M Rakhshan, HA Majd
2017	5 (1), 30	International journal of community-based nursing and midwifery	A Comparison between the quality of life and mental health of patients with hypothyroidism and normal people referred to Motahari Clinic of Shiraz University of Medical Sciences	M Rakhshan, A Ghanbari, A Rahimi, I Mostafavi
2017	2017	Minerva pediatrica	The efficacy of nasal tip hold-press on venous cannulation pain in children: a prospective randomizes controlled study.	B Maghsoudi, M Jookar, H Haddad, Z Zoonobi, M Rakhshan
2017	11 (3) 2017	International Cardiovascular Research Journal(	Patients' Experiences of Living with Implantable Cardioverter Defibrillators	Pasyar, F Sharif, M Rakhshan, MH Nikoo, E Navab
2017	2017	Journal of the Chinese Medical Association	Pupillary response to nitrous oxide administration in cataract surgery under general anesthesia	M Masjedi, A Ghanbari, HH Bakhodaei, T Jowkar, V Hosseini, Rakhshan M*
2016	November 2016	Journal of Clinical Monitoring and Computing	A nurses' alarm fatigue questionnaire: development and psychometric properties	Torabizedeh C, Yousefinia A, Rakhshan M*, Zand F
2017	February 2017	Iranian Journal of Psychiatry	Investigation of Content and Face Validity and Reliability of Sociocultural Attitude towards Appearance Questionnaire-3 (SATAQ-3) among Female Adolescents	Moosazadeh ,S, *Rakhshan M, mohammadi F
2016	December 2016	Minerva Pediatrica	The efficacy of nasal tip hold-press on venous cannulation pain in children: a prospective randomize controlled study.	Rakhshan M, Maghsoudi A, Ghanbari A,
2017	April 2017	Biomedical Research	A comparative study on the effect of inhaled anesthetics on alkaline phosphatase and alanine aminotransferase serum level in nursing team and operating room personnel.	Rakhshan M, Zand F, Ghanbari A
2017	May/Jun 2017	Clinical Nurse Specialist	Complications of Heart Rhythm Management Devices After Cardiac Rehabilitation Program	Rakhshan M, Ansarifard L, Molazem Z
2017	January 2017	International Journal of Community Based Nursing and Midwifery	A Comparison between the Quality of Life and Mental Health of Patients with Hypothyroidism and Normal People Referred to Motahari	Rakhshan m, Ghanbari A, Ebrahimi A

			Clinic of Shiraz University of Medical Sciences	
2016	July 2016	Iranian Journal of Pediatrics	Lived Experience of Caregivers of Family-Centered Care in the Neonatal Intensive Care Unit: "Evocation of Being at Home"	Hadian Shirazi Z, Sharif F, Rakhshan M, Pishva N, Jahanpour F
2016	2016	International Journal of Community Based Nursing and Midwifery	Changes in Daily Life of Iranian Patients with implantable Cardioverter Defibrillator: A Qualitative Study	Pasyar N, Sharif F, Rakhshan M, Nikoo MH, Navab E
2017	February 2017	Psychology Research and Behavior Management	A phenomenological study on resilience of the elderly suffering from chronic disease: a qualitative study	Izadi F, Hasani P, Rakhshan M
2016	2016	Global Journal of Health Science	Iranian Nurses' Experiences on Obstacles of Safe Drug Administration: A Qualitative Study	Mitra Soltanian, Zahra Molazem, Eesa Mohammadi, Farkhondeh Sharif4 & Mahnaz Rakhshan
2016	April 2016	ACTA MEDICA MEDITERRANEA- International Journal of Clinical Medicine	Professional responsibility: An ethical concept extracted from practices of Iranian nurses during drug administration	Mitra Soltanian, Zahra Molazem, Eesa Mohammadi, Farkhondeh Sharif4 & Mahnaz Rakhshan
2017	2017	Qualitative research in health sciences	Explore Structure of Resilience in Older Adults with Chronic Conditions	Hassani P, Izadi F, Ashktorab T, Alavi Majd H
2016	December 2016	Online Journal of Health Allied Sciences	Open-heart Surgery Complications Following Programmed Education and Nurses' Clinical Competence	Rakhshan M, Khoshnood Z, Molazem Z,
2016	Vol. 8, No. 10; 88-99	Global Journal of Health Science	Iranian Nurses' Experiences on Obstacles of Safe Drug Administration: A Qualitative Study	Mitra Soltanian, Zahra Molazem, Eesa Mohammadi, Farkhondeh Sharif4 & Mahnaz Rakhshan
2015	4 (4) 277-286	Journal of Caring Sciences	Iranian Patients' Experiences of the Internal Cardioverter Defibrillator Device Shocks: a Qualitative Study	Pasyar N, Sharif F, Rakhshan M, Nikoo MH, Navab E
2015	4 (3) 207-216	Journal of Caring Sciences	The Obstacles against Nurse-Family Communication in Family-Centered Care in Neonatal Intensive Care Unit: a Qualitative Study	Hadian Shirazi Z, Sharif F, Rakhshan M, Pishva N, Jahanpour F
2015	3 (4) 255-262	International journal of community-based nursing and midwifery	Effects of family-center empowerment model on the lifestyle of heart failure patients.	-Rakhshan M, Rahimi kordshooli Kh, Ghadakpoor S
2013	19: 318-325	International Journal of Nursing Practice.	The nature and course of illness perception following cardiac pacemaker implantation: A self-regulatory approach	Rakhshan M, Hassani P, Ashktorab T, Alavi Majd H
2013	2 (1) : 33-45	Journal of Qualitative research in Health Science	Lived Experience of pacemaker patients: A qualitative study	Rakhshan M, Hassani P, Ashktorab T, Alavi Majd H
2011	2 (1): 8-13	Middle East Journal of Psychiatry and Alzheimer	Psychometric Properties of Brief Illness Perception Questionnaire in Pacemaker Patients.	Rakhshan M, Hassani P, Ashktorab T, Alavi Majd H
2002	3: 23-36	Iranian Heart Journal	Assessment of Pacemaker Function after implantation	Rakhshan M, Soltani F, Zamani J

C. Books

2021- Action research and its principles in health sciences

2021- Employment and senior test bank

2020- An introduction to creativity in nursing

2020- The culture of compassion in Islamic care

2019- Key points of internal surgical nursing

2017- Principle of Scale Development in Health Sciences.

2015- Application of self-regulatory of Leventhal theory in nursing.

2012- Nursing theory and application.

2006- Emergency nursing care curriculum. Chapter of cardiac emergency.

VII. Presentations in Congress

-Rakhshan, M (2025). TeleCardiac Rehabilitation. 14th Middle East Cardiovascular Congress 6-8 Jan. 2023 Shiraz -Iran.

--Rakhshan, M (2023). Rate management devices. 13th Middle East Cardiovascular Congress 6-8 December 2021 Shiraz -Iran.

- Rakhshan, M (2020). ICD Management challenges in the terminal care. 10th Middle East Cardiovascular Congress 16-18 December 2020. Shiraz. Iran.

-Rakhshan, M (2019). Cardiac Rehabilitation and psychological parameters. 11th Middle East Cardiovascular Congress 6-8 December 2017 Shiraz -Iran.

- بررسی آشکار و پنهان اضطراب در بیماران مبتلا به سکته قلبی حاد. (آذرماه 1399) کنگره سایکوکاردیولوژی. شیراز - ایران.

-Rakhshan, M, Toufigh, A (2019) Effect of Cardiac Rehabilitation on Sexual health among Patients after Open Heart Surgery Middle East Cardiovascular Congress 24-26 April. Shiraz -

Iran

پنجمین کنفرانس (2018) بررسی ارتباط سبکهای رهبری و مدیریت زمان در مدیران ارشد و میانی پرستاری - ملی پژوهش های کاربردی در مدیریت و حسابداری. تهران ایران

- Rakhshan, M. (2018). Improve the causal perception of cardiac patients by need based education. 8th Kowsar hospital congress. Shiraz. Iran

-Mahnaz Rakhshan, Elaheh Mojab, Camellia Torabizadeh. (2018) Lifestyle characteristics of cardiac patients admitted in CCU. 8th Kowsar hospital congress. Shiraz. Iran.

-Mahnaz Rakhshan. (2018) Management of nursing care in patients with rhythm management devices (Pacemaker, ICD, CRT). 12th Middle East Cardiovascular Congress 6-8 October 2018

-Rakhshan, M. (2017). Transcatheter Therapies and Nursing Care. 10th Middle East Cardiovascular Congress 6-8 December 2017 Kish Island-Iran.

- Rakhshan, M. Reza Baghbani. (2017). Pilates and cardiovascular Disease. 10th Middle East Cardiovascular Congress 6-8 December 2017 Kish Island-Iran.

- Rakhshan, M. Elaheh Mojab, Mahnaz Rakhshan, Camellia Torabizadeh. (2017). Awareness of supportive services after discharge is the most educational need of cardiovascular patients. 10th Middle East Cardiovascular Congress 6-8 December 2017 Kish Island-Iran.

-Rakhshan, M. (2016). Nursing work load on continuous renal replacement therapy (CRRT). 3th International Congress of Critical Care. Tehran. Iran.

-Rakhshan, M (2016). CVD risk assessment. The 7th kowsar hospital congress on updates of C.V diseases. Shiraz. Iran

-Rakhshan, M. (2015). Adherence -enhancing strategies to cardiovascular disease: models of behavior change. International congress of cardiovascular disease prevention. Shiraz. Iran.

-Rakhshan, M. (2015). Adherence -enhancing strategies to cardiovascular disease: models of behavior change. International congress of cardiovascular disease prevention. Shiraz. Iran.

-Rakhshan, M. Rahimi, KH (2015). Improving nutritional status of patients with heart failure by using family-centered empowerment model: a non-pharmacological approach. International congress of cardiovascular disease

prevention. Shiraz. Iran.

-Sharif, F. Hadiyan Shirazi, Z. Rakhshan, M (2015) Lived experience of infant caregiver based on family centered caring. Congress of family centered caring. Shiraz. Iran.

-Sharif, F. Pasyar, N. Rakhshan, M (2015) Lived experience Patients with AICD. Congress of family centered caring. Shiraz. Iran.

- Rakhshan. M (2014) Educational needs assessment of pacemaker patients: Based on Leventhal theory. International congress of cardiovascular disease prevention. Shiraz. Iran.

-Rakhshan, M. (2014) Interetation of relief by Pacemaker Patients. Health and wellbeing Congress. Esfahan. Iran.

- Rakhshan, M (2014) Prepheral vascular disease and related caring. 7th international heart foundation congress. Shiraz. Iran.

- Rakhshan, M. (2014) challenges in mursing Education. International Congress of Cardiology and Scientific Society of Iranian Nurses. Tehran. Iran.

- Rakhshan, M. Hosseini, FS (2013) Pain assessment tools psychometrics. Pain management. Shiraz, Iran.

- Rakhshan, M (2012) Role of nutrition in the prevention of cardiovascular disease. Echocardiography and CVD prevention. Shiraz, Iran.

- Rakhshan M, Hassani P, Ashktorab T, Alavi Majd H (2011). Experience of patients with cardiac pacemaker: A Mixed method study. 41st Biennial Convention. Grapevine, Texas USA. 29 October – 2 November.

- Rakhshan M, Hassani P, Ashktorab T (2011). Critical thinking and pacemaker patients' education. The 1st national congress on Critical Thinking and Health Systems. Esfahan. Iran.

- Rakhshan M, Hassani P, Ashktorab T (2011). Pacemaker Patient Education; Based on Leventhal Theory. National congress on opportunities and challenges of patient's rights. Yaasouj. Iran.

- Rakhshan M, Manoochehri H (2009). Non-traditional nursing roles. 2nd congress of qualitative research in health science. Kerman. Iran.

- Rakhshan M (2008). AICD and pacemaker and related nursing care. 3rd

symposium on updates in CV-disease. Fars heart foundation Kowsar hospital. Shiraz. Iran.

- Rakhshan M (2007). Electrophysiology study and nursing. 2nd congress of Kowsar heart hospital in collaboration with Shiraz medical university. Shiraz. Iran.

- Rakhshan M (2006). The effect of obesity on resting state 12 lead electrocardiogram of obese patient. 7th national seminar on obesity and related disorders.

- Rakhshan M, Soltani F (2005). Frequency of inappropriate sinus tachycardia among patients presented with palpitation, Holter based study. 7th national congress on cardiovascular update. Tehran. Iran.

- Rakhshan M, Nemati MH (2005). Risk factor for post CABG cerebrovascular accident. 4th international congress of the Iranian society of cardiac surgeons. Tehran. Iran.

- Rakhshan M, Babaei beigi MA, Shafeian GH, Zamani J, Khosropanah SH (2004). Left ventricular hypertrophy and heart rate variability in essential hypertension. The 17th international congress of geographic Medicin. Shiraz. Iran.

- Rakhshan M, Shafeian Gh (2002). Assessment of Autocapture function among patients with permanent Pacemakers. 13th congress of Iranian heart association in collaboration with The University of Vienna. Tehran. Iran.

- Rakhshan M, Soltani F, Zamani J (2002). Assessment of pacemaker function after implantation. 13th congress of Iranian heart association in collaboration with The University of Vienna. Tehran. Iran.

- Rakhshan M, Zeibaei nejad J, Shafeian Gh (2000). Higher lead impedance and pacing threshold among Pacemaker Iranian patients. 2nd congress on cardiovascular update. Tehran. Iran.

IX. Research interests

- Qualitative & Quantitative research
- Mixed Methods
- Psychometrics Research
- Palliative Care
- Cardio-Vascular diseases
- Long Term Care
- Higher Education Administration
- Developing & Testing Model

X. Language Skills

Critical Thinking: The ability to analyze situations, make informed decisions, and respond effectively to complex medical conditions.

Empathy and Compassion: Demonstrating empathy and compassion to provide emotional support to patients and their families during challenging times.

Problem-Solving: Being resourceful and proactive in resolving medical and patient care issues.

Time Management: Efficiently managing time and prioritizing tasks to deliver quality patient care.

Cultural Sensitivity: Understanding and respecting the diverse cultural backgrounds of patients and providing culturally competent care.

Adaptability: Being flexible and able to handle unexpected situations in a fast-paced healthcare environment.

Research and Scholarship:

- Conducting impactful research in the field of nursing.
- Contributing to scholarly publications and journals.
- Demonstrating a commitment to advancing nursing knowledge.

Teaching and Mentorship:

- Designing and delivering comprehensive lectures.
- Mentoring and guiding students in academic and professional development.
- Creating engaging and effective educational experiences.

Clinical Expertise:

- Specialization in Electrophysiology (EPS) and Pacemaker clinics.
- Managing medical surgical and critical care departments.
- Implementing specialized clinical interventions.

Leadership and Management:

- Serving as a director of medical surgical and critical care departments.
- Active involvement in the Nursing Council and nursing board.
- Membership in the management board of the Nursing Organization.

Editorial Contributions:

- Serving on the editorial board of the International Journal of Contemporary Biology and Medical Sciences (IJCBNM).
- Contributing to the scholarly discourse in the nursing field.

Professional Development:

- Holding the position of Vice Director of BASIC for nurses.
- Contributing to the development and training of nursing professionals.

Communication and Collaboration:

- Effectively communicating research findings and educational materials.

- Collaborating with colleagues and professionals in interdisciplinary settings.